IJNMHS

IP Journal of Nutrition, Metabolism and Health Science

Volume - 4, Issue - 2, Year - 2021 (www.jnmhs.com)

IP Journal of Nutrition, Metabolism and Health Science (JNMHS) open access, peer-reviewed quarterly journal publishing since 2018 and is published under the Khyati Education and Research Foundation (KERF), is registered as a non-profit society (under the society registration act, 1860), Government of India with the vision of various accredited vocational courses in healthcare, education, paramedical, yoga, publication, teaching and research activity, with the aim of faster and better dissemination of knowledge, we will be more...

Call for paper

We cordially invite faculty, researchers, and scholars to submission of your valuable contribution to our Upcoming issues. It is a double-blind, peer-review, and Open Access (OA) journal and accepts manuscripts as research papers, review articles, case reports, short communication, etc.

Manuscript Submission Guidelines

To submit your manuscript, first-time users click the Register button from the submission portal. If you are already a registered user, log in as an author and post your manuscript for further peer-review process. Manuscripts submitted for consideration and inclusion in upcoming issues must follow https://www.jnmhs.com/info/author and be submitted by 2025-02-05.

Submit Manuscript

Advertisement



CONTENTS

Review Article:

Impact of obesity on hypertension: A review 41-46

Abdussalam

Original Article:

An Optimized Dietary Plan for Strengthening the Immune System During COVID 19 Crises 47-50 *Indra Shivnani, Deepa Shivnani, Dnyanesh Amle*

A study to assess the effectiveness of structured teaching programme on knowledge regarding selected aspect of adolescent health among adolescent girls in selected school, Lucknow 51-54 D Anjalatchi, Rachna Sen

Prevalence of musculoskeletal disorders among bus conductors in Nagpur city: An observational study 55-60

Priyanka K Deshmukh, Animesh R Shende, Pooja M Akhtar

Effect of yoga therapy on cardiovascular parameters in patients with psoriasis: A randomized control trial — pilot study 61-63

Ganesan Dayanidy, Ananda Balayogi Bhavanani, Meena Ramanathan, S Srikanth

A study to find out correlation between life style, nutritional status, personnel habits, physical development and sudden death due to cardiac origin 64-69

Mohammed Iliyas Sheikh, Swati Patel

Short Communication:

Beneficial or an unknown risk: Immunization hesitancy in Indian population 70-71 *Mahak Gera, Digjeet Kaur*

Advertisement

